

A black and white illustration of a hand holding a brain. A thick black wire connects the hand to the brain, looping around the text. The hand is at the top, and the brain is at the bottom. The wire starts from the hand, goes down, loops around the word 'INSIDE', goes down, loops around the word 'MIND', and ends at the brain.

# INSIDE

A MANIPULATOR'S MIND

Navigating Manipulative Waters in Personal Relationships

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